



## **NROCRC Tornado Relief Services**

NROCRC (Nepean Rideau & Osgoode Community Resource Centre) is a much needed, well-used community service organization that helps individuals and families lead better lives

### **We can help with:**

**Emergency Food Support  
Emergency Baby Cupboard  
Community Outreach  
Counselling Support  
Credit Counselling  
Relief Resources**

**For more information about how NROCRC can help you,  
please call Heather at 613-596-5626 ext.245**



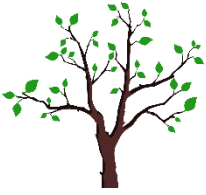
**United Way  
Centraide  
Ottawa**



**OTTAWA  
COMMUNITY  
FOUNDATION**

*invested for good*

Nepean Rideau & Osgoode Community Resource Centre, 1547 Merivale Rd, 2<sup>nd</sup> Floor, Unit 240,  
Emerald Plaza, Nepean ON K2G 4V3



## Other Support Services

**Ottawa Food Bank** – for emergency food assistance please contact your community's local food bank or call 613-745-7001

- **Trend-Arlington, Craig Henry & Manordale:**  
Morrison Gardens Emergency Food, 985-A Morrison Drive, 613-596-6229
- **Tanglewood, Crestview & City View:**  
Caldwell Family Centre, 1100 Medford Street, Units 20-22, 613-728-1800
- **Parkwood Hills & Fisher Heights:**  
Debra Dynes Family House, 955 Debra Avenue, Unit 85, 613-224-3824

**FAMSAC Food Cupboard** – for emergency food assistance please call 613-820-5428

**The Red Cross** – for assistance please register by calling 1-800-863-6582 or apply in person at 205 Greenbank Road (Woodvale Pentecostal Church) Monday, Wednesday, & Friday 2:00-7:30pm

**The Salvation Army** - Community & Family Services, 613-241-1573, ext. 268

**Councillor Keith Egli** - Elected Representative for Ward 9 Knoxdale-Merivale, 613-580-2479

**Councillor Rick Chiarelli** - Elected Representative for Ward 8 College, 613-580-2478

**2-1-1 Ontario** – free, confidential phone helpline and online portal that connects people with local social, health, government and community-based services

**Clean-Up** – for free emergency clean-up assistance on private residential properties in the tornado/windstorm affected areas, contact Non-Governmental Organization (NGO) Alliance Members of Ontario at 1-844-547-2663

**Provincial Disaster Assistance**– contact the Ministry of Municipal Affairs and Housing at 1-844-780-8925 or [DisasterAssistance@Ontario.ca](mailto:DisasterAssistance@Ontario.ca), website: <http://www.mah.gov.on.ca/Page19878.aspx>

### City of Ottawa

- **Emergency Preparedness Information:**  
<https://ottawa.ca/en/residents/emergency-services/emergency-preparedness>
- **City of Ottawa Windstorm and Tornado Response Information:**  
<https://ottawa.ca/en/residents/emergency-services/windstorm-and-tornado-response>
- **Ottawa Public Health Tornado and Windstorm Response Information:**  
<http://www.ottawapublichealth.ca/en/tornado-2018.aspx>
- **City Services and contact information:** <https://ottawa.ca/en/residents>
- **For any City related service not referenced above, please call 3-1-1**

